



Key Vocabulary

Word	Meaning
Commitment	A promise to give your time and energy to something you believe in.
Siddhartha Gotama	Known as Buddha, or the Awakened One.
Buddha	Means 'he who is fully awake.'
Vatican City	The home of the Pope and the smallest country in the world.
Pilgrims	A person who travels to a sacred place for religious reasons.
Dharma	Buddha's teachings
Sangha	The spiritual community of Buddhist practitioners .

Did you know?

The Catholic Church is the largest group of Christians, with over 1 billion people. It is the second largest religious group after Islam.

Why could commitment be difficult?

- Change of beliefs.
- Change of interest.
- It could be for a long period of time.
- Different choices become available.
- Change of opinion.



Traits of a committed person

Attentiveness: pay close attention to what you are doing.

Confidence: believe in yourself and your abilities.

Dedication: believe in yourself and your abilities.

Loyalty: never give up on what you are doing.

Patience: put up with any delays or setbacks.

Perseverance: continue even when the task is difficult.

Resilience: get back up and try again when you fail.

Responsibility: hold yourself to account for your own success.

Three jewels of Buddhism

Siddhartha Gautama, also known as the Buddha, became enlightened in Northern India. His teachings known as **dharma** allow Buddhists to stay committed to the faith. Being part of the **sangha**, enables the spiritual community to practice the **dharma** together and therefore remain committed.



The Pope

- Catholics believe that the Pope, who lives in Vatican City, leads the church.
- When the Pope officially speaks on the subject of the Catholic faith and morals, he is speaking the word of God. This shows the Pope's commitment to his religion.





Religious Duties of the 14th Dalai Lama and The 266th Pope.

The Dalai Lama – Tenzin Gyatso

- Advocates for human values, such as compassion, forgiveness, tolerance and self-discipline.
- Was the Governor of Tibet until the Chinese government took control in 1959.
- Travels the world, spreading his message of peace, non-violence and compassionate responsibility for everybody.
- The spiritual leader of Tibetan Buddhism.



The Pope – Jorge Mario Bergoglio

- Weekly blessings for tourists and pilgrims.
- Leading religious celebrations inside St Peter's.
- Appointing new bishops and meeting with them at least once every five years.
- Receiving visits from heads of state.
- Travelling all around the world with a mission to spread faith and understanding.



What can you be committed to?

- Clubs and organisations
- A religion, faith or belief
- School and learning
- Sports
- Family and friends
- Working hard



Extending your learning

1. Research other spiritual leaders and how they show their commitment to their faith.
2. Interview Mr Dees or any member of staff about how they show their commitment to West Lodge Primary School.