

PE Planning Grid

Date: Summer Term PE - Cricket Year Group: Year 5

Subject/Topic:

Lesson	LI Steps to success	Warm Up	Main	Cool Down/Plenary/AfL opportunities (throughout) Focus questions, next steps, AfL
	To develop the range and consistency of a bowling action. S2S Point at the target Windmill Brush the ear Straight arm To strike a ball effectively defensively S2S To protect your stumps. Flat face of the bat facing the bowler and then downwards. Grip – 2Vs. Stance – feet shoulder width apart and stand side-on. Slightly bent knees. To field with increased accuracy S2S To use the long-barrier effectively. To have no gap between the foot and knee. Cup the hands. Watch the ball at all times.	Groups of 5 – underarm throwing relay. (2min) How did the relay help you warm-up? What did you notice about your breathing?	Include reference to: differentiated activities (provision for SEN, EAL and AG&T learners), organisation of adults, resources, probing questions, different starting points, CCL, SMSC Inside Activities – Show image of Alastair Cook (Captain of England Cricket Team) – discuss what we think might be his main characteristics which enable him to do his job well. (SMSC) Show the chn the recent newspaper headline - ‘What a choke.’ (SMSC) Explain that headline from a few years ago – we won the ashes in 2015 and were runners up in t20 so what’s happened to bring about change? We as a class are going to do our part for England cricket with the help of our masters. Introduce Imad, Zakarriya and Luke – our Masters! Outside Activities Take the chn outside and start the warm-up activities. Sarah to support Zaid. Bring the chn back together - Where in a game of cricket would under arm throwing be effective? Each master, one at a time, to demonstrate their key skill to the rest of the class – through discussion creation of S2S with the chn using outside board – Masters or Sarah to write them down. Number chn 1-3. Chn then to have 5 min at each base being taught skills by the relevant master. Bowling – Zakarriya (Sarah – score 10 middle stump, 5 outer stumps) – 5 sets of stumps, 5 balls and markers. (Markers to be used to bowl from and another set of markers to be used for more advanced bowlers (E). Batting – Imad – 5 bats and 5 balls, markers to be used to bowl from. Mr. Went to bowl spin at any talented batsmen. (P) Fielding – long barrier – Luke – 5 balls. Balls to be rolled or bounced at differing speeds depending on child. Application of skills – children to stand in their numbered groups and then pick groups of 4. (bowler, batsmen, wicketkeeper and fielder). Mini games then played and after three minutes swap roles within the group. (7 sets of wickets, 7 bats, 7 balls and cones). Whistle!	Stretching – Warm-up/down master. Post-it notes AFL. Masters to assess; www? Ebi? based on what they saw. Back in the Classroom – What would you teach these cricketers to improve their technique?