



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

25th February 2019

Dear Parents/Carers,

We have had an enjoyable first few weeks of 2019 with the children taking part in a wide range of exciting experiences and working hard across the curriculum. I would like to thank you all for your continued support and also I am very grateful to the hard work that the Board of Governors continue to provide to the school. The staff at West Lodge continue to show incredible dedication and a commitment to providing a high standard of education for all the children – for this I am very thankful. The children have enjoyed a range of experiences during the first half-term: Year 3 had a wonderful trip to the Roald Dahl Museum, Year 2 had a really exciting and informative workshop on the Great Fire of London and Year 6 recently travelled into Central London to see Wicked – our traditional February trip. The Upper School Choir had a wonderful time on Wednesday 30th January performing at the O2 Arena as part of the Young Voices Choir where they shared a stage with Tony Hadley!

In today's newsletter – we have included a new section: Pastoral Update – this will be a regular feature which will provide pastoral tips and guidance as well as signposts for ways to access different types of support. I have also included a section on the importance of attendance. In addition, I would urge you to read through the safeguarding section carefully – we have included a 'Factsheet for Parents' on 'The Momo Challenge' and links to further advice regarding this and other ways to help keep your child safe online.

I would like to thank Anita Gharg, Victoria McFarland and Darren Moffet who put themselves forward for the parent governor election. Victoria McFarland received the largest number of votes and I would like to congratulate her on becoming a parent governor.

I would like to pay tribute to Mrs Crowle, who after 11 years working at West Lodge as a Learning Assistant, has retired – she is going to be devoting her time to looking after her new grandchild. Mrs Crowle joined West Lodge Middle School in 2007 and has worked across a number of year groups and provided invaluable support to a large number of children during the Middle School years and also since West Lodge became a primary school. She always brought a positive, pro-active and very caring attitude to her work – we will miss her.

Kind regards,

Jim Dees. Headteacher

FOWLS

Dear Parents and Carers,

It's been a less active term than the previous one, and for that I think we are all slightly grateful. Despite this, our two events so far - the Cake sale and the £1 book sale made total profits of £541. This is a fantastic result and we would like to take this opportunity to thank all involved. We still have a number of events to support in the second half of the term:

The Quiz night is now SOLD out and we look forward to welcoming those that managed to book a table at this fun event.

We still have the Scholastic New Book sale on 5-7th March. This year we have also introduced a Mother's Day pop up shop 25-29th March. The children can come along and spend their hard earned money for the special person in their lives. They will be able to purchase or make gifts. We are really looking forward to running this event for the first time.

None of this is possible without your support, and the support of our children. All of the money raised goes directly back to our school, to fund new projects for all of our children to benefit from. A special note of thanks to all those who contribute towards our match funding effort. We greatly appreciate your assistance. For anyone who wants to involve themselves in £ for £ fundraising, please feel free to get in touch with us via e-mail - westlodge.fowls@gmail.com.

Regards,

Nilaxi and Rashmi - Chair

Nikita and Mona - Treasury

FOWLS events in Spring Term 2:

FOWLS Book Fair – Tuesday 5th March, Wednesday 6th March & Thursday 7th March

FOWLS Quiz Night – Saturday 16th March

Pop-up Mother's Day Shop – Monday 25th March – Friday 29th March



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Attendance

At West Lodge it is important that we are always striving to be the very best we can be in all areas and that includes having excellent attendance. For our children to gain the greatest benefit from their education it is vital that they attend regularly and your child should be at school, on time, every day the school is open, unless the reason for the absence is unavoidable. I have included a some information outlining why regular attendance at school is so important.

- 1) **Impact on Learning:** Any absence affects the pattern of a child's schooling and regular absence will seriously affect their learning and also that of other pupils. There is also clear evidence of a link between poor attendance at school and low levels of achievement. Of pupils who miss between 10% and 20% of school, only 35% achieve 5 or more GCSEs at grades A* to C including English and Maths. However, 73% of pupils who attend 95% of school achieve this level.
- 2) **Safeguarding:** Your child may be at risk of harm if they do not attend school regularly. Safeguarding the interests of each child is everyone's responsibility and within the context of this school, promoting the welfare and life opportunities for your child encompasses: a) Attendance; b) Behaviour Management; c) Health and Safety; d) Access to the Curriculum; e) Anti-bullying. Failing to attend this school on a regular basis will be considered as a safeguarding matter.

We expect children at West Lodge to have 97%+ attendance over a school year – this is equivalent to a maximum of 6 days absence.

Less than 5 days absence = 98%+ attendance
14 days absence (approx.) = 93.5% attendance
20 days absence (approx.) = 90% attendance
30 days absence (approx.) = 88% attendance

If a child achieves 80% attendance this means that they have missed approximately 40 days of education over the academic year, - this is equivalent to missing 8 weeks of learning.

Ensuring your child's regular attendance at school is your legal responsibility and permitting absence from school without a good reason creates an offence in law and may result in prosecution. Parents to perform their legal duty by ensuring their children of compulsory school age to be punctual and to attend school regularly. With regards to requests for leave of absence during term-time, these will only be granted in exceptional circumstances and if a pupil's attendance

Request for Leave During Term Time

The Government have issued new regulations in September 2013 regarding Leave of Absence; The Education (Pupil Regulations) (England) Regulations 2006 as amended by Education (Pupil Regulations) (England) (Amendment) Regulations 2013.

Parents are strongly urged to avoid taking leave during term time. Parents do not have the right to take their child out of school. **No requests for holidays will be authorised during term time.** Headteachers may NOT grant any leave of absence during term time unless there are exceptional circumstances. In cases of exceptional circumstances the Headteacher can authorise up to 5 days absence from school. Any leave requested for holiday at the start or end of the school term will automatically be classed as unauthorised and will not be granted.

The Headteacher **will not** grant **any** Request for Leave during term time **unless they consider** there are **exceptional** circumstances relating to the application. Exceptional circumstances being defined as being of unique and significant emotional, educational or spiritual value to the child which outweighs the loss of teaching time.

- Parents do not have any entitlement to take their children on holiday during term time. Any application for leave must establish that there are **exceptional circumstances** and the Headteacher must be satisfied that the circumstances warrant the granting of leave
- Headteachers will determine how many school days a child may be absent from school if the leave is granted
- Requests for Leave must be made in advance and failure to do so will result in the absence being unauthorised
- The school can only consider Requests for Leave which are made by the legal guardian of the child
- Requests for Leave which are made in advance and refused will result in the absence being unauthorised which may result in legal action against the parent, by Fixed Penalty Notice, if the child is absent from school during that period.



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In considering whether or not to authorise leave, the School will reflect on each case individually, taking into account a child's overall attendance and the reason for the leave. Parents should request leave of absence in advance, and all requests should be submitted at least two weeks before the first day of intended absence using the school proforma.

West Lodge Primary School understands that holidays are generally less expensive during term time but this does **NOT** count as an exceptional circumstance. Leave which is taken for the following reasons will not be authorised:

- Availability of cheaper holidays
- Availability of desired accommodation
- Poor weather experienced in school holidays
- Overlap with beginning or end of term
- Booked the wrong dates by mistake
- Booked by another family member
- Attending a wedding that is not immediate family
- Family birthdays

Exceptional circumstances will be considered on an individual basis at the discretion of the Headteacher.

Pastoral Update

As part of our ongoing commitment to supporting our West Lodge families with **social, emotional and mental health difficulties**, we would like to provide you with regular updates which signpost different avenues of support. All you need to do is make an appointment with Mrs McClean or Mrs Kinsella. Watch this space for upcoming events and updates!

So what can school do?

We can:

- work in partnership with you to find out what is worrying your child and support them in a range of ways such as -checking in with them during the day, offering social skills support through agencies or the school, meeting with you and your child if appropriate to solution focus together and feedback any information from intervention or observations
- alert staff to circumstances or events that may make things tricky for a child whilst maintaining confidentiality
- signpost you to the right support and help
- Work closely with you and a number of agencies whose specific aim is to support Harrow families
- Loan you books from our growing parent library. Topics range from parenting support, pictures books linked to a range of emotions (if you have any ideas of books please let us know)

What can you do?

You can:

- talk to a member of school staff about your concerns
- ask for suggestions of books, websites, resources or other support agencies
- don't blame yourself if your child struggles with managing their feelings and behaviour, there can be many reasons
- make time to really listen to your child when they need to talk
- make time to listen to you (look out for coffee morning dates)

Date for the diary: MONDAY 29TH APRIL 9:30-11:00AM

Harrow Early Support service will be hosting a session here at West Lodge for parents and carers on managing our children's behaviour most effectively. It will be a drop in session with guidance and tips on how to deal with challenging behaviour. For more information, call the Early Support team on 020 8736 6222. To book a place – please use the following link.

<https://westlodge.parentseveningsystem.co.uk>



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Safeguarding Update

Safeguarding is everybody's business and it is taken very seriously here at West Lodge, please keep an eye out for our safeguarding alerts in the future and our parent workshops. The focus of our next **parents' forum** (Friday 1st March) will be on **safeguarding** – please book a place using the following link: <https://westlodge.parentseveningsystem.co.uk>

I would like to post a reminder of the members of our safeguarding team at West Lodge:

Designated Safeguarding Lead - Kathy-Ann McClean; **Deputy Designated Safeguarding Team** - Jim Dees, Ian Bennett, Hilary Haines, Jeremy West, Sarah Cooper and Caroline Kinsella; **Link Governor for Safeguarding** - Namita Bhatia

Are you concerned about a child or young person? Have you witnessed a safeguarding incident in your area? Has a child or young person been harmed in any way?

Remember always call 999 in an emergency. To discuss concerns or make a referral contact the Children's Access Team using the **Golden Number: 020 8901 2690** The Golden Number is operational between 9am and 5pm, Monday to Friday. The Emergency Duty Team operates out of hours between 5pm and 9am on weekdays and 24 hours during weekends and all bank holidays. **The Emergency Duty Team number is – 02084240999**

If you are feeling unsafe or are experiencing domestic violence you can seek support via the Golden Number above, or by calling the **DA helpline on 020 8907 8148 or 0808 2000 247**

We have provided some advice on the next page regarding advice for children on screen and social media use. In addition to this we have become aware of **'The Momo Challenge'** and we have included a **'Factsheet for Parents'** which outlines what it is and how to keep your child safe. We are aware that some children are already familiar with this and with current news headlines, we would urge you to take a look and be proactive in knowing what is available to children on the internet and social media sites. Further information can be found via the following links.

<https://nationalonlinesafety.com/resources/platform-guides/momo-online-safety-guide-for-parents/>

https://nationalonlinesafety.com/resources/platform-guides/?fbclid=IwAR1O3w_g5YDqKLoJfCjy1UWzp0NyfUkX12jBuHflujkBM9SWEkviLVeR

Online Safety

As a parent or carer, you play a key role in helping your child to stay safe online. The following tips can ensure that your child can use the internet safely, responsibly and positively.

- Ask them to show you which social media apps they use
- Work through safety and privacy features on the apps that your child is using, or might use; check if any of their apps have 'geo location' enabled, sharing their location unintentionally
- Show them how to report offensive comments or block people who upset them
- Check 'tagging' settings so that when others are posting or sharing photos online, your child's identity is not revealed.
- Encourage your child to come and talk to you if they see anything that upsets them.

However, it is important to remember that in the mobile age, children can't be completely protected, even by the best privacy controls; another child may use different settings. **It is crucial to keep talking to your child on an ongoing basis about staying safe online and the implications of social media- communication is the key.** See the information on the next page to get more information and advice on screen and social media use and helping children to navigate the online world safely.

Smart Watches

I have noticed a couple of instances where children have brought smart watches into school with varied functionality – including cameras and internet capability. Our policy is that children should not be wearing these in school and they will be treated in the same way that we do with a mobile phone. The use of Fitbits in school is permitted.



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UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.



Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!



Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.



Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #sitlessmovemore



Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.



Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.



Family time together

Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.



Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



Buddying in Harrow

Empowering children & enriching communities

The Sense Buddying programme supports young people with learning disabilities and multiple needs to spend time doing things they love in their local community.

We'll work with your family to identify the right buddy that could support your child to do a specific task or activity for 3 hours a week. This could be as simple as gaining confidence to use a particular bus route or building relationships at a social group. Whatever the activity we want to support children to experience new things and build strong relationships.

 www.sense.org.uk

Charity number 289968

Find Out More
Telephone: 0300 330 8260
Textphone: 0300 330 8262
Email: buddying@sense.org.uk
Web: www.sense.org.uk

 **sense**
connecting sight, sound and life

The Momo Challenge – A Factsheet For Parents

What It Is

Coined the "suicide challenge", Momo is a new viral game that encourages players to perform a series of challenges in order to meet 'Mother Bird' - a disfigured character (inspired by Japanese art) with bulging eyes and untidy black hair on a chicken-like body.

Light-hearted and fun at the outset, this game experience quickly darkens, absorbing players who are encouraged to perform acts of violence and self-harm through a series of progressively risky challenges. Originating in Mexico, it is easily accessed through social media shares (predominantly Facebook and YouTube) and is rapidly spreading across the world.

Why It's On Our Radar

The challenges issued in this game present a serious risk to the safety, welfare and wellbeing of children and young people in our schools here in the UK, as does the distressing content when a player refuses to carry on.

With worrying similarities to the 'Blue Whale challenge', it has also been linked to at least five cases of childhood suicide.

The Low Down

- Players are encouraged to contact Momo and provide their mobile number.
- They will then receive instructions to perform a series of challenges, via SMS or Whatsapp.
- Player refusal can trigger severely abusive messaging and their mobile device being hacked.
- The final challenge is to commit suicide in order to meet 'Mother Bird'.

Why Children Like It

Sharing and commentary on Social Media platforms has created a level of intrigue and curiosity about this game, which is initially light hearted and fun.

Fundamentally, however, this is a game that targets vulnerable children and young people online, as those with mental health issues are more likely to be drawn to the psychological nature of the challenges.

What to Do

A person doesn't have to be searching for Momo themselves to be exposed to it and, unlike other games that children enjoy, there is no positive side to this.

Teachers and parents need to educate/reinforce online safety, and in this way encourage children and young people to make the right choice and avoid this game:

- The importance of confidently saying "no" to invitations to play games from strangers
- Knowing why they should not click on unidentified links.
- Knowing how to 'block' unknown numbers and friend requests.



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Road Safety

You may have seen the orange jacketed JTAs on Friday mornings, notebooks in hand, patrolling the school entrance on West End Lane. We send regular reminders to our community to ensure that we all remain respectful to the local residents if driving to school.

Remember - Please don't block driveways or park on double yellow lines. I would urge everyone to walk to school where possible – if you do have to drive please park in a safe place away from the school entrance and walk the remainder of the journey.

I would encourage everyone to adhere to the three core principles of our school travel plan:

- Encourage an active lifestyle
- Improve safety for pupils on the school journey
- Cut down pollution

Junior Travel Ambassadors

We are looking for Junior Travel Ambassadors (JTAs) at West Lodge Primary School. Your job, which will last through to the summer, will be to help pupils learn about keeping safe on or near roads around your school.

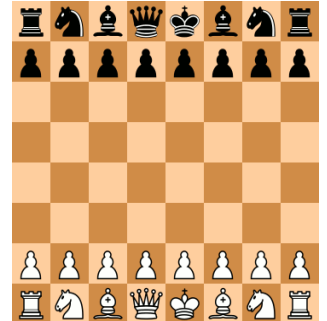
As a JTA you may have to –

- Monitor the safety outside the school gates (you will need to be available from 8.20 on Fridays)
- Help maintain a Road Safety notice board
- Help prepare Road Safety Day activities
- Help run competitions
- Carry out surveys
- Carry out your own road safety ideas!
- Help organise **Walk to School Week**

We are looking for pupils in Year 5 or Year 6 who are outgoing and don't mind speaking in front of other pupils and adults. If you want to help others keep safe near roads, then that is even better.

Delancey UK Chess Challenge at West Lodge

We are four weeks in to the UK Chess Challenge 2019, a seven-week tournament with 36 participants across Upper School. The Tournament takes place on Wednesday mornings in the Double Mobile with eighteen intense games being played at the same time. The competition is very tight at the moment with Aarav (Year 6) leading the way with 12 points, closely followed by Aryan (Year 4) on 11 points. There are five players sharing third place on 10 points. So it's all to play for in the final 3 rounds after half term. Who will win through to the Mega-final stage where the qualifiers go into battle against the whole of North Middlesex?



MindUp Update

Firstly, thank you to all of the parents that attended our MindUP parent workshop. If you were unable to attend, information packs about Unit 1, 2 and 3 have been sent via parent mail. There will also be a MindUP section on the school website very soon, with lots of information and tips for using MindUP at home. Over the last term, the children have enjoyed exploring MindUP in their PSHE lessons. Be sure to ask them about their Mindful Tasting lesson! After half term, the children will be starting Unit 3: It's All About Attitude (Lessons 10-12). The children will be learning how to understand each other and how to develop a more positive attitude. As students learn new ways to cultivate a positive mind-set, they prime their brain for learning and for building healthy relationships.

Hansel & Gretel Writing Project

Our annual whole school writing project allowed children of all ages across the school, from Reception to Year 6, to come together and explore a text, but access different aspects of the story, at different levels. This year, we have been learning the traditional tale 'Hansel & Gretel'. The children enjoyed travelling through our wooded nature trail, much like the characters in the story, to our Celtic Round House, where they explored the tale through storytelling sessions with their teachers. By the end of the week, each child had written their own creative retelling of the classic tale.

Reading

Continuing to promote our love of reading, during the week of World Book Day, in March, the children in Year 5 and Year 6 will be visiting Brooks' book store in Pinner to spend their free book vouchers and explore new and exciting titles.



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Year 3: Visit to 'The Roald Dahl Children's Gallery'

Year 3 further enhanced their English topic on Roald Dahl by visiting 'The Roald Dahl Children's Gallery' in Aylesbury on Monday 21st January. The children were immersed into the wonderful world of Roald Dahl, becoming more familiar with Dahl as a writer and his amazing characters. The children learnt about where Dahl got his ideas and inspiration from and how his writing developed to the stories we read today. The interactive workshop also allowed children to explore scientific and historical ideas. For example, the children travelled through Mr Fox's tunnel and came across underground treasures, including a Stone Age hand axe! The children were miniaturised like Mike Teavee, using cameras and mirrors to create the illusion. Year 3 also spent some time in the Bucks County Museum exploring their exhibits on local history. A truly **phizz-whizzing day!**

Outdoor Play and Learning update

The children were very excited to see some snow and had fun building snowmen and throwing snowballs! We have started to use our new adventure playground and the mud kitchen has quickly become a favourite. During half-term a table tennis table will be installed. The children who attend table tennis club have kindly offered to teach their peers during lunch time play. Please continue to bring in any items you no longer need for loose part play. We are running low on: cushions, blankets and sheets, fabric, suitcases and hand bags.

Learning Research Group

On 26th February, the Learning Research Group will begin a three week course at Wembley stadium to learn how to become researchers. The course will explore principles of ethical research, different research techniques and how to analyse data. Once the course has finished, the children will then put their new skills in to practice and research the impact of new initiatives in the school such as the our new lunchtimes.

Results of the research will be presented to Mr Dees at the end of this academic year and will be presented to the children during an assembly in the Summer Term.

School Action Research

We have had a particular focus this year on developing meta-cognition strategies. Meta-cognition is the ability to self-regulate and to understand one's thoughts. Each year group has identified an area to of meta-cognition to research throughout this academic year.

During the Spring Term, all year groups will explore their area further through the use of learning study. This is a process where teachers watch one lesson together and focus on how different strategies help children with their learning. Teachers will gather the findings from their research and use this to inform their planning of future lessons and to aid further research in their chosen area.

Performing Arts at West Lodge

Young Voices

57 Children from the Year 5/ 6 Choir attended Young Voices at the O2 on January 30th. The pupils spent all afternoon rehearsing and then performed to their parents with over 8000 children from around the country; as well as a choir all the way from China! The pupils sang a variety of songs, including a medley from 'The Greatest Showman', alongside a range of professional artists including Urban Strides and Tony Hadley!

RAF Band

The whole of Upper school were entertained on Friday 1st February by the RAF band based at Northolt. The five players talked about their instruments and you could have heard a pin drop when they were playing their repertoire of pieces. Thank you so much to Mr Truscott for managing to fit us into the band's busy schedule.

Guitar Festival

On Tuesday 12th February, some of our guitarists were involved in the guitar festival at Harrow Arts Centre. After rehearsing all day, the children then put on a very entertaining concert including the famous Jurassic Theme and Fanfare, Beat it and the Peter Gun Theme Tune. It was an evening enjoyed by all! Congratulations to Ariv and Tejas for participating in such a lovely concert.

AWARDS

Music Awards

Iustin Alexa – Grade 4 - Piano (Distinction)



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Sports Update

January 15th Year 5 and 6 Harrow Badminton Championships, Harrow Leisure Centre

This competition was played as 'doubles' with two pairs per team to allow as much game time as possible. Matches were decided on the combined score of both pairs, so this was a truly team affair. West Lodge 'A' team contested some close matches beating Norbury 28-22, losing 19-28 to Whitchurch and 19-30 to Grimsdyke. The final game was a 29-11 win against Newton Farm. This meant the team placed 3rd in their group. West Lodge 'B' team suffered some defeats to Norbury (16-28), Whitchurch (19-23) and Grimsdyke (19-30) before a morale-boosting and well-deserved win in their final match against Newton Farm (28-21). West Lodge 'B' were 4th in their group. The squad developed their skills and knowledge of Badminton throughout the day and will be much stronger for the experience.

Squad: Nisha, Aleisha, Sri, Mia, Timothy, Shyam, Arjun, Max.

January 17th Harrow Schools' Cross-Country Championships, Harrow School

The year 6s took on year 7s on Harrow School's testing cross-country course which was longer than the squad were used to. Julian Luiz demonstrated his excellent race craft with a superb victory beating several ex-West Lodge pupils and other year 7s to clinch a narrow victory. Rian and Abu both had excellent runs finishing in 8th and 9th. This meant that all three boys qualified to represent Harrow borough at the Middlesex cross-country championships. Josh in 20th offered good support despite suffering from a cold. Niall, Rowan and Ahmed all grabbed top 30 places. This strong team performance meant we were 2nd boys' team just behind Nower Hill. In the girls' race, Jenani ran with great determination to seal a top 10 place and to also qualify for the Harrow Borough team. Lowena, Aisha and Amelie Coyle did themselves and the school proud coming home in 21st, 22nd and 23rd places.

January 17th Year 3 and 4 Girls Football London Youth Games Qualifier, The Hive

West Lodge brought two teams down to The Hive for the Year 4 Girls' Harrow Championships. For all the girls, it was their first taste of competitive football and they all had such a wonderful time. Team 2 played 4 games and in each game they worked on any challenges from the previous game. This helped them grow throughout the competition and by the end of it they were confident and had learnt a lot from the experience. Team 1 played 4 games and played very well in each. They scored 8 goals and didn't concede; this helped them win the competition which was a nice reward for their efforts. It was lovely to see how happy and excited all the girls were and hopefully the experience will inspire them to continue. West Lodge will now be representing Harrow in the London Youth Games in July.

Team 1: Lili, Amie, Sophie M, Nuwarrah, Honey, Anika, Ridhi, Maya, Rayia, Lalita

Team 2: Niamh, Lexi, Aaniya, Daisy, Arya, Sophie G, Zainab, Jemima, Emily, Pranshi

January 21st Year 5 and 6 Indoor cricket, Whitmore High School

A slightly changed indoor cricket squad took on a very strong side from Norbury. We batted first and were restricted to 77 in our ten overs. After some great fielding and bowling, Norbury needed a possible 14 from Julian's last over. However, we continued to perform well and were very tight in the field resulting in a win by 7 runs meaning that we were in the final for the fourth year running.

Congratulations to the whole team: Julian, Josh, Adhrit, Sai, Eshan, Zain, Lankindu and Aaran.

January 22nd Year 6 Boys' Football vs Pinner Wood

With the weather turning 'arctic' just before kick-off, the players had to deal with the temperature close to zero and snow throughout the match. This made for difficult playing conditions but West Lodge showed great determination as they battled to a 3-1 win. With Pinner Wood defending deep into their half for large parts of the game, it was hard to find space to get any shots on goal. West Lodge had to be patient, and this finally paid off as we took the lead through Josh. Pinner Wood were fortunate to equalise with an unlucky own goal deflecting off Rowan. In the second half West Lodge retook the lead through Julian before Eshan sealed the victory.

Squad: Abu, Ojas, Rowan B, Adhrit, Raafey, Josh, Julian, Rian, Eshan

January 24th, Middlesex Cross-Country Championships, Harrow School

Julian, Abu, Rian and Jenani faced another test in a longer and higher standard race. It was a great effort from Julian to finish 24th and Abu to place 62nd. Rian was unfortunate to drop out due to illness. Jenani also ran well finishing in 74th place. Considering the runners were competing against many children a year older than them, they did themselves and the school proud.



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Sports Update

January 25th, Harrow Sportshall Athletics Competition, Harrow Leisure Centre

Following a comfortable victory at the cluster competition, the Harrow championships was a nail-biting affair with neither coaches nor athletes sure of the result after the last event. The girls' running races were superb as they won 3 of their 6 races and 2 of their field events. The boys offered great support performing well in their running and field events. This team effort meant both boys and girls scores over 100 points with the girls outscoring the boys by 10 points. When the full results came through- it could not have been closer! West Lodge pipped St Teresa's by just 8 points. A superb effort from the whole squad qualifying for the West London finals once again!

Squad: Amelie Coyle, Lucy, Amelie Hogberg, Lowena, Julian, Rian, Jenani, Josh, Eshan, Jenani, Florence, Aarav, Udayasree, Nisha, Aaran, Audrey, Zac, Angel, Max, Henry, Aishwini, Deji, Lulah, Maya, Honey.

January 28th Year 5 and 6 Indoor Cricket Final, Whitmore high school

Having stuck with our changed team, we took part in the final against Pinner Park at Whitmore High School. It was great to see so many of our parents there to cheer the boys on! We won the toss and elected to bowl. After some very tight bowling, with many dot balls, we managed to keep Pinner Park from scoring a large total; they scored 60 in their ten overs. After a slightly weak start, our strong batting side managed to reach the total with four overs to spare. Once again, a great team effort and certainly worthy winners of the tournament, for the fourth year running. Well done to all of the squad: Julian, Josh, Adhrit, Sai, Eshan, Zain, Lankindu, Aaran, Ariv and Yash.

January 29th Year 5/6 Hockey London Youth Games Qualifier, John Lyon Playing Fields

Hoping to qualify for the London Youth Games, our two teams Warriors and Walnuts were drawn in groups B and C. West Lodge Warriors played first and won a pulsating 6-5 game against St George's team 1 in the dying seconds coming back from losing positions on several occasions with Nisha delivering a hat-trick from some clever positional sense. Their next game was a far more comfortable affair as they secured a convincing 11-0 victory against St Joseph's team 1. Their final game was another high scoring affair as they came out 7-3 winners against Elmgrove team 3. The West Lodge Walnuts had an easier but equally impressive passage through the group stages led by some dazzling skill from Sai. They secured a 6-0 win against Elmgrove team 1, followed by a two more wins a 7-0 victory against Grimsdyke team 2 and a 5-0 defeat of Vaughan. Following their unbeaten runs in the group stages, Warriors played the winners of Group A, St George's team 2. This was another exciting match where they came back from a goal down to seal a 5-3 victory and qualify for the finals. Walnuts faced Group D winners St Joseph's in the other semi-final. They also showed great character in recovering from conceding an early goal to go and seal a place in the final with a 4-1 victory. This meant that both West Lodge teams faced one another in the finals. As expected, this was not a dull match! Warriors stormed to a 2-0 lead early in the first half but were pegged back to 2-2 just before half-time. Walnuts then went into a 3-2 lead only for the Warriors to bring the game level to 3-3 before the Walnuts retook the lead. Deep into the second half, Julian drove the team forward to equalise and unbelievably score a winner in the dying seconds! Well done to the whole squad for their commitment in training and on the day.

Warriors: Nisha, Amelie Coyle, Julian, Aarav, Eshan, Audrey

Walnuts: Ziyana, Mia, Boyko, Sai, Josh, Rayaana

Goals: 10 Sai, 9 Aarav, Julian, Mia, 6 Eshan, 4 Nisha, Amelie, 2 Boyko, Rayaana, 1 Ziyana.

31st January, Year 6 Netball vs Pinner Wood

In cold and wet conditions, West Lodge fought hard and defended heroically at times. Aleisha gave West Lodge the lead but unfortunately we conceded 2 goals to see the score 2-1 after the first quarter. Aleisha then brought the game level with a well taken goal in the next quarter. The third quarter saw Pinner Wood pull away from us as they raced into a 6-2 lead. We managed to reduce the deficit as Yash scored but Pinner Wood scored the final goal to win the game 7-3.

Squad: Rian, Eshan, Simran, Ella, Yash, Aleena, Anli, Aleisha, Mia

5th February Year 6 Netball League vs Cannon Lane

In the second league match of the season, West Lodge faced Cannon Lane. The squad demonstrated great team effort and team spirit. Well done to Abu who scored in the first half and Yash who scored in the second half, with the final score of 5-3 to Cannon Lane.

Squad: Abu, Rowan Brooks, Anli, Aleena, Aleisha, Ella, Mia.



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

25th February 2019

Sports Update

5th February Year 5 and 6 Boys' Football vs Cannon Lane

Despite West Lodge taking the lead with a superbly taken goal from Josh mid-way through the first half, Cannon Lane came back into the game equalising just before half-time. The second half saw Cannon Lane create a host of chances only to be kept at bay by some fine goal keeping from Adhrit and some superb defending from Julian. Cannon Lane eventually managed to find the crucial second goal, but West Lodge kept going with only an amazing goal line clearance from an Aarav shot preventing an equaliser. There was no shame in defeat to an excellent Cannon Lane outfit.

Squad: Adhrit, Aaron, Julian, Raafey, Eshan, Josh, Aarav, Ojas, Rian, Abu

7th February, Year 3 and 4 Gymnastics Competition, Norbury School

Another highly competitive gymnastics competition provided some great opportunities to witness some exceptional gymnasts and routines. The highlight of the day was 3rd place for the 'C' team. Several of the squad won judges' awards. Well done to Arya, Emily, Jemima, and Trisha. Well done to the whole squad for their hard work in training and producing their best on the day of the competition. Year 3 'A' squad: Ania, Anassa, Jemima, Shanaya, Devi; Year 4 'A' squad: Amie, Ridhi, Honey, Lili, Sophie Groom Mixed 'B' squad: Anika, Trisha, Riya, Alexis, Avni, Anvitha/ Mixed 'C' squad: Kimi, Emily, Alana, Maya, Indi, Arya

11th February, Year 6 Multi-Sports Tournament vs Longfield

West Lodge welcomed Longfield to play our Year 6s in a dodgeball, tag rugby and football tournament. The squad thoroughly enjoyed themselves as they made the most of their opportunity to represent the school. They worked hard, played as a team and demonstrated good sportsmanship. Aaron and Yash refereed the games and showed their great leadership and organisational skills. A great effort from the squad! Squad: Ethan, Sachi, Rahul, Zahra, Inika, Lbby Sadler, Sophia

Referees: Aaron, Yash.

12th February Year 6 Netball League vs Pinner Park

Our second league match of the season was against Pinner Park, who provided tough opposition. There was some excellent defending and interceptions from West Lodge, with Rowan scoring a goal. However, Pinner Park had amazing shooters and won 8-1.

Squad: Rowan Brooks, Yash, Ella, Ellay, Mia

12th February, Year 6 Tag Rugby Competition, The Hive

West Lodge came narrowly close to winning this competition last year and were beaten by St Teresa's in the final. This year, we entered two promising teams who both stood a very good chance of winning the competition. The children had trained hard all year and arrived at the competition full of confidence and were clear on what was needed in both attack and defence. Both teams started well, winning their first two games and drawing their third. As the competition progressed, West Lodge 1 continued to win their games, some with ease and some by a last minute try! West Lodge 2 continued to win or draw most of their games but did lose three of their games throughout the day. After a bit of a wait, it was finally announced that West Lodge 1 had won the competition and are now through to the London Youth Games Final which takes place on the 28th March. Well done to all the children involved!

West Lodge 1: Eshan, Audrey, Julian, Deji, Louis, Josh, Amelie C, Max and Rian

West Lodge 2: Nisha, Anaya, Zac, Ziyana, Sean, Henry, Arman, Abu and Amelie H

12th February, Year 6 Netball League Match vs Pinner Park

Our final league match was away to Pinner Park, who proved tough opposition. There was some excellent defending and intercepting from West Lodge, with Rowan scoring a goal. However, Pinner Park had amazing shooters and won 8-1.

The netball team have shown great sportsmanship and enthusiasm in their league games against other schools this season, and in their morning training sessions. As a result, it has enabled them to learn as players and develop as a team.

Squad: Ella, Ellay, Mia, Yash, Rowan Brooks,

14th February, Year 5 and 6 Sportshall Athletics West London Finals, Harrow Leisure Centre

Facing stiff competition on the day, West Lodge came just short of qualifying for the London Youth Games Finals placing 5th out of 9 teams. Congratulations to the top 3 teams who qualified for the Finals. The effort and team spirit on show was excellent. Well done to the whole squad! Squad: Year 6-Milo, Amelie Hogberg, Amelie Coyle, Aisha, Lucy, Lois, Flo, Lowena, Julian, Josh, Rian, Niall, Udayesree, Jessica A, Catty, Mohammed, Arav; Year 5 -Nisha, Boyko, Darren, Abbey, Audrey, Aishwini, Zac, Angel, Henry, Max, Deji; Year 4 - Honey