



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

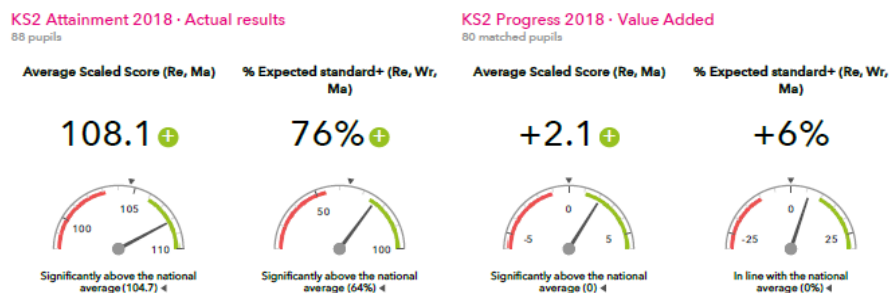
19th October 2018

Dear Parents/Carers,

Thank you for your continued support. I feel very fortunate that we have such a supportive parent body but also value the challenge that we receive. We have really enjoyed the first few weeks of the school year. The children have settled into their new classes and have been working very hard – on Wednesday I took our new School Improvement Partner on a learning walk around the school and she was very impressed with the level of engagement of the children and the learning behaviours that were being displayed. We are very excited to have been nominated to appear in the **Parliamentary Review**, which has just been released – on page 2 of the newsletter you will find more information on this and a link to the article about West Lodge.

There have been many exciting curriculum experiences over the last few weeks. Children across different year groups have been on trips to Stonehenge, Southend, the Bracknell Discovery Centre and the Ragged School Museum. Year 5 experienced the story of Midsummer Night's Dream in their experiential Shakespeare Workshops earlier this term. The Harvest Festival was particularly enjoyable this term – I would like to thank you for your support with this event.

As a school we continue to maintain very high standards, and as a school with an excellent reputation for inclusion – we are very pleased that we are able to provide support, challenge and extension for the diverse range of needs within the school. In the latest Fischer Family Trust report our 2018 outcomes place West Lodge in the top 11% of schools nationally for attainment and the top 20% of schools nationally for progress. We are proud of the achievements and believe that this is a result of the hard work put in by all members of staff, the children, our embedded learning culture and the wonderful support that we get from parents/carers. The image below provides a summary of the end of Key Stage 2 SATs. We are very happy to be significantly above the national average for both attainment and progress.



I would like to thank our Board of Governors once again who provide incredible support – working as volunteers to support the school in many ways. At the recent Full Board of Governors meeting Gideon Adey was once again voted in as Chair of Governors; the Vice Chair role will once again be carried out by Manisha Redmond. Amar Patel has been voted in as Chair of our Quality and Standards Committee and Ash Varsani as the Chair of our Resource Management Committee. We say goodbye to Sam Harvey who has now completed her second term as a governor. Sam worked incredibly hard in her role – she started out supporting our journey as a Rights Respecting School and worked hard to help the school develop in this area. As Chair of the Quality and Standards committee Sam provided excellent support and challenge to the school – she also was a great support to our Creative Arts team and helped with many new initiatives. We thank her for all the support she has given the school over the last eight years. We now have a vacancy for a parent governor. After half term information regarding the process and upcoming elections will be sent out to all parents.

I am also incredibly grateful to the FOWLS team – led by Nilaxi Patel and Rashmi Kripalani – who have worked very hard once again this term to provide a range of enjoyable and successful events.

I would like to finish by paying tribute and offering my gratitude to the staff of West Lodge. I have worked with a number of different staff teams throughout my career – but I have to say the team at West Lodge is the most incredible. From the office team, site managers, cleaners, learning assistants, kitchen staff, teachers and leaders – there is very strong work ethic, a real commitment and dedication to providing the very best for the children and a great sense of collaboration.

A reminder – Monday 29th October is a staff training day and the children start back at school on Tuesday 30th October. I would like to wish everyone a relaxing and safe half term break.

Kind regards,

Jim Dees. Headteacher



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

West Lodge Showcased in the Parliamentary Review

As this year's Parliamentary Review is launched, those from the worlds of business, education and politics can expect the usual insightful and sincere thoughts from their industry leaders. Following the foreword from the Prime Minister and an as always astute introductory piece from the BBC's Andrew Neil, readers will be swept through the major events that have shaped the year in their sector as well as at Westminster.

West Lodge Primary School is an inclusive, diverse, and high-achieving school in Harrow. In their Review piece, they discuss in detail their inclusive ethos, positive learning culture, and their enriched curriculum that has made them into an "outstanding" school.

After a year of progress for the education sector, The Parliamentary Review outlines areas of excellence and relevant issues for teachers, communities and policymakers alike. These will be featured alongside commentary on the sector from former education secretary and Review chairman Lord Blunkett.

Lord Blunkett, has said he is looking forward to the first edition of The Parliamentary Review being published under this co-chairmanship. Lord Blunkett highlighted that The Review provides an important platform "to have an interchange; where those in the formal political arena can go to understand business."

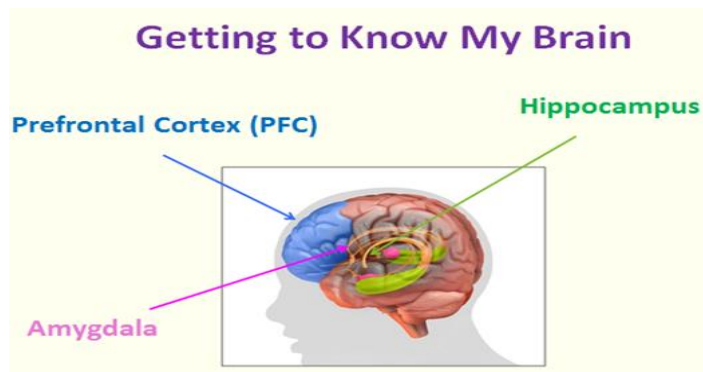
Writing in The Review, the prime minister says that "Our modern Industrial Strategy means government stepping up to secure the foundations of our productivity: providing an education system that delivers the skills our economy needs, improving school standards, and transforming technical education."

West Lodge Primary School's article can be viewed here:

<http://www.theparliamentaryreview.co.uk/organisations/west-lodge-primary-school>

MindUp Update

This term, the children have started their journey on the MindUp curriculum during some of their PSHE lessons. Your child may have come home and mentioned their Amygdala (Guard Dog), Hippocampus (Hippo) or Pre Frontal Cortex (Wise Owl). This is because they have been learning all about the different areas of the brain and their functions. The children have also been participating in 3 daily brain breaks. These brain breaks are part of the core practice of MindUp, and allow the children to spend a few minutes focusing on regulating their breathing, with the aim of sharpening their focus and slowing their heart rate.



mindUp
Brain Break Script

- o Sit down in a comfortable position.
- o Close your eyes or look down at your palms (to be respectful of others in the classroom).
- o Take calm, slow breaths, and listen to the sound of the chime for as long as it lasts.
- Hit chime- wait until you cannot hear the chime.
- o Pay attention to your breathing.
- Pause for 10 seconds.
- o Feel your stomach rising and falling.
- Pause for 10 seconds.
- o If your mind wanders, that's ok. Try to bring your focus back to your breathing.
- Pause for 10 seconds.
- o Picture the air coming into your body and going out again.
- Pause for 10 seconds.
- o When you hear the chime again, listen for as long as it lasts.
- o When you can't hear the sound any longer, slowly open your eyes, look to the front of the room and smile!
- Hit chime- wait until you cannot hear the chime.



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

Year 6 Roles and Responsibilities

During the month of September, over two thirds of Year 6 pupils put themselves forward for various roles of responsibility.

Head & Deputy Head Boy and Head & Deputy Head Girl

Pupils and staff voted Rohan Sohal and Niall Vekaria to be their Head and Deputy Head Boys, and Aleisha Dhalla and Anli Brekenridge to be their Head and Deputy Head Girls.

Sports Captains

Later in the month, on the 21st of September, Years 4, 5 and 6 listened to pupils in Year 6 explain to their houses why they would like to represent them as Sports Captains and the following children were voted into these roles by their peers: Jenani Muralitharan, Amelie Hogberg, Rian Mahendran, Rowan Brooks, Josh Mesgian-Rodaway, Lois Clark, Julian Luiz and Jessica Parmar.

House Captains

Also that day, Year 6 pupils delivered speeches for the role of House Captain and the following children were voted into these roles of responsibility: Harry Abrahams, Libby Sadler, Yash Kedia, Jasmine Clifton, Mia Parkus, Aarav Duggal, Ethan Chu and Hana Didik.

It should be noted that all candidates prepared excellent speeches and it was evident to staff and pupils as to how much effort was put into these tasks, which we believe was a valuable experience for all pupils who stepped up to the challenge and took part in this process. We thank them for their efforts.

Upper School Council

The new members of the Upper School Council have been elected by their classmates. They led a delightful assembly to introduce themselves to Upper School through a personal speech about their hobbies, interests and ambitions. This term we are discussing ways of making the playground a friendly space for everyone. The children will initiate games and conversations which other children can join in with if they are feeling lonely.

The Upper School Council for the first half of this year comprises: Jasmine, Clifton, Robert Witkowski, Aisha Ahmed, Ojas Shrestha, Aleena Meghji, Zhara Khan, Boyko, Videnov, Alexandra Makar, Haider Roubaei, Aymen Albayati, Audrey Anderson, Aaran Shah, Arya Nambiar, Reya Patel, Dilip Nagra, Saher Omed, Aarav Jalhotra and Arin Dandawate.

Lower School Council

Collection for the Indonesian Earthquake Appeal

Thank you to everyone who supported the Lower School Council's initiative to raise money to help the victims of the earthquake and tsunami in Indonesia. We had an amazing response. The School Council members were able to count the money themselves – never have they seen so much real money! We collected over **£750** for the appeal. It's amazing how much we can raise by wearing our own clothes for just one day! Thank you for your support.

The Lower School Council for the first half of the year comprises: Aarya Rathod, Zaki Sadiq, Nishil Patel, Anassa Dhodia, Arianna Dhalla, Krishay Modi, Shailan Patel, Alana Willans, Lily Rao, Shrimukund Shatapathy, Isha Rizvi and Gabriel Alexa.

Learning Research Group

The Learning Research Group for this year is made up of the children listed below:

Fraser McFarland, Avni Patel, Vivaan Modi, Daisy Sheldon, Lakindu De Silva, Aymen Albayati, Lexie Parkus, Stuti Ghosh, Aditi Dixit, Inika Acharya, Vidip Chopra and Eshan Munde. They will be embarking on different research projects throughout the year.



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

West Lodge PALS, Digital Leaders and Digital Innovators

We have a lot of interest for the role of a West Lodge PAL, Digital Leader or Digital Innovator. Mrs Kinsella and Miss Rolnick will be appointing West Lodge PALs after half term. Mr Jefferson and Mr Revens have been busy interviewing all the applicants for the role of Digital Leader or a Digital Innovator this week –Mr Jefferson will provide more details about their role after half term.

Safeguarding Update

E-Safety with Video Games: Fortnite

At West Lodge we believe that E-Safety is of great importance and for a number of years now have ensured that different aspects E-Safety and Online Safety education are taught to the children in all phases. We also understand that parents sometime need advice on this very important issue of E-Safety.

In recent months, the school has become aware of a number of incidents which have in some way been linked to an online multiplayer game known as Fortnite. The game is popular with children and adults alike, who can all play and message from within the game.

The age recommendation for the game is 12 and above, although you are not required to provide your age when creating an account, so younger children can still log on easily. There are elements in the game which promote violence and the school feels strongly that children of primary age should not play the game.

To help parents better understand the game and its features we have provided a fact sheet about Fortnite, which provides further details and we hope you find it useful. This fact sheet will be sent out with the newsletter.

School Travel Plan

In July 2018, West Lodge Primary School achieved the STARS Gold Accreditation for their travel plan. The TfL's STARS accreditation scheme inspires young Londoners to think differently about travel and its impact on their health, wellbeing and the environment. West Lodge Primary School seeks to promote the benefits walking to school – but also want to ensure the safety of all children at pick-up and drop-off times. I would like to remind everyone of the three core principles of our School Travel Plan: 1) Encourage an active lifestyle; 2) Improve safety for pupils on the school journey ; 3) Cut down pollution.

I would like to ask for your help in upholding these principles, so firstly please choose the healthy, safer option and walk your children to school instead of driving. If you really must drive, please:

- **Under no circumstances stop or park on the yellow 'SCHOOL-KEEP-CLEAR' zig-zag markings, or the white zig-zag markings.** The intention of these markings is to restrict parking so that pedestrians, in particular school children wishing to cross, have a clear view, making it safer to cross the road. Having a clear area outside school is very important, as often drivers are unable to see small children wanting to cross between stationary cars.
- Park in a safe place away from the entrance and walk to school for the remainder of your journey.
- Under no circumstance stop or park in front of local residents' driveways.

Also, I would like to remind everyone that the use of scooters and bicycles is not permitted on school premises. We actively encourage children to ride their scooter or bike to school but must insist that when on school premises children walk with their scooter/bicycle.



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

Educational Visits and Workshops

Southend-on-Sea

Year 2 have been really enjoying their Seaside topic. A special treat this term was the trip to Southend-on-Sea. The children loved playing with the sand and making patterns with shells on the beach. The staff at the Sealife Centre made us laugh with interesting facts about starfish and by getting us to act out what it is like eating with two stomachs! What an exciting trip it was!

Bracknell Discovery Centre

Year 1 had a great time on their trip to Bracknell Discovery Centre. The children really enjoyed lots of hands on Science investigations and a workshop about animals, during which they were really engaged. The children also had fun exploring the outdoor playground. After the visit the children had lots of ideas about what they would like to have at West Lodge to make play times at school more fun!

Viking Day

Today Year 4 have been experiencing Viking Day. They have taken part in a number of activities including - storytelling in the roundhouse, making runes, cracking Viking codes, playing drama related games linked to the Vikings and of course taking part in a year group rendition of Viking Rock!

Stonehenge – Year 3

On Thursday 27th September, as part of our History topic on 'Changes in Britain from the Stone Age to the Iron Age' Year 3 visited Stonehenge. The visit brought to life all that the children had been learning in their History lessons about Stone Age and what an incredible feat of team work and engineering it was in constructing this site. Whilst walking around the monument the children got a real sense of the importance and significance of Stonehenge and the area surrounding it. The children were able to see the tools and methods used in the construction, displayed in the Visitor Centre, as well as experiencing what it would be like sitting in the centre of Stonehenge during the different seasons in an audio-visual 360 degree video experience. The children also had an opportunity to explore the homes of the Neolithic people.

Evolution Workshop

Year 6 have been taking part in a workshop linked to their study of evolution today. The children have been experiencing hands-on workshops where they have been learning how to identify fossils, how fossils are formed and recognising stages of evolution.

A Midsummer Night's Dream

As part of our Literacy, we have also been involved in Midsummer Night's Dream workshops. A member of the RSC introduced us to the rather complicated story of this well-known Shakespeare Play through drama, role play and expressive movement. We are now looking forward to our trip to Millfield Theatre where we will be watching a contemporary version of the play, acted out by the Royal Shakespeare Company.

Ragged School Museum

It has been a busy half term for Year 5. We all thoroughly enjoyed dressing up as Victorians and travelling to the Ragged School Museum in Mile End. While there, we had the chance to experience what it was like within a Victorian classroom as well as learning about what kitchens and houses of the time were like. It was a wonderful experience and deepened the children's understanding of life in Victorian times.

Photo Gallery





West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

Parents' Forum

Our recent parents' forum focused on reviewing our School Improvement Plan from 2017-18 and going through our key priorities for 2018-19. The overview of our new School Improvement Plan can be found on the school website. Our next Parents' Forum is on Friday 16th November at 2:00pm – we will be focusing on understanding our Positive Behaviour Policy and Anti-Bullying Policy. Please note that this is a change of date. You can book a place by signing up using our online booking system – please click the following link. <https://westlodge.parentseveningsystem.co.uk/>

Performing Arts Update

Harvest

Last week we came together to celebrate Harvest at St John the Baptist Church in Pinner. The children shared their SEWA activities and gave thanks through songs and readings. Thank you to all the parents who joined us at the Harvest Festivals and who gave donations for Harrow Care.

Arts Award

The Children in Amber class have now completed their Arts Award: Explore and will be receiving their certificates soon. These children will now work towards their Discover Award in conjunction with The Heath Robinson Museum next summer. All children in the current year 4 will be given the opportunity to work towards the Explore Award in the summer term also.

We look forward to both choirs and Year 6 Dance Troupe performing at the Pinner Panto on Thursday 30th November.

Orchestra

Orchestra has started well this term with the 25 members playing a variety of new pieces with Mrs Lyczba. It's great to have Mrs Lyczba conducting the orchestra again and we are looking to further develop our link with Nower Hill later on this year by performing with their orchestra.

Music Lessons

Over one hundred and thirty children have started their peripatetic music lessons this term, the two most popular instruments being violin and guitar. We have recently had contact with the 'Pinner Guitar Folk Group' who are looking to purchase a new keyboard to be used by the peripatetic teachers in your children's lessons.

MUSIC AWARDS

Yash Kedia	Grade 1	Violin (Distinction)
Ellay Vaughan	Grade 1	Violin (Merit)
Pranati Akella	Grade 1	Violin (Merit)
Jessica Akinboro	Grade 1	Violin
Riya Patel	Grade 1	Violin
Jenani Muralitharan	Grade 1	Violin
Ali Abou El Hassan	Grade 2	Violin



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

FOWLS

Welcome from the new FOWLS team, with a very active first half term. We started with the second hand uniform sale, followed by the PJ movie night showing "Boss Baby", which proved to be an overwhelming success.

Last weekend we held two Navratri events, both days were very busy and lots of fun for all. Congratulations to the Navratri Quiz and Rangoli winners, and many thanks to our Mini Fowls members for assisting over the weekend - Simran Vara, Sienna Patel, Sachi Bhatia and Meliyah Phylactou.

The Halloween disco at the beginning of next half-term has already SOLD OUT in two days! It's good to know we have lots of interest in our events, but sadly we have to limit our numbers, and so there will always be those that are disappointed to not get a place.

Many thanks to you all for your support in either helping run an event, volunteering to make it happen, or simply buying tickets to make it a success.

So far total raised PROFIT for this half term stands at £2,188 with just these 3 events. Obviously this money goes straight back to the school help fund extra resources for all of our children. We have already purchased new lunch wristbands for the children, which reflect their lunch choices.

We are currently busy making plans for the Christmas Fair. The children have been busy creating their artwork for "My Art Project", and "Initiatives Fundraising" both of which you will receive information about when we return. The children have been creating lovely designs which can then be made into personalised gifts, just in time for Christmas. The children's "My Art Project" artwork will then be on display at Andrew Pearce Estate Agents as part of Pinner Panto.

When we return we will also advise each class which stall they have been allocated to manage at the Christmas Fair. Please let us know if you can help with a Gibbs Gillespie board advertising the fair, as this is one easy way for us to generate cash. Gibbs Gillespie pay us for displaying their boards, and this year we would like to try and break all previous records.

Please contact us at:

westlodge.fowls@gmail.com

Upcoming FOWLS Events

Friday 2nd November – Halloween Disco

Friday 9th November – Jeans Day (Donations for Christmas Fair)

Friday 7th December – Christmas Jumper Day (Donations for Christmas Fair)

Saturday 8th December – Christmas Fair

Many thanks for your continued support,

Nilaxi and Rashmi - Chair

Nikita and Mona - Treasury



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

Adventure Playground and OPAL

The adventure playground works have begun and the team are making amazing progress! So far, the fence has been removed, the new digging area and stage have been installed and everything else is being prepared. The team are working next week and so we look forward to seeing the progress after the half term break. We hope to plan a celebratory 'official opening' in the next few weeks and will keep you posted!

OPAL play continues to go from strength to strength. The children have made some amazing structures this half term, despite some varied weather conditions! Neil Coleman, our OPAL Mentor, came to visit last week to and was delighted with the play that was happening. He commented that there has been a real culture shift – children are genuinely enjoying the play opportunities available to them – making structures and taking risks – and are so articulate when explaining what they are doing and why. Thank you to those families who continue to donate their loose parts. We always need the following:

- Suitcases of any size and type - anything on wheels/castors
- Plastic milk crates and wooden pallets
- Briefcases, especially hard cased ones
- Kitchen pots, pans, baking trays, work tables, wooden spoons, chopping boards
- Tools like spades, trowels, brooms and buckets
- Nets and ropes
- Keyboards/torches/laptops/calculators that are no longer working
- Fabric (large sheets/brightly coloured fabric/saris)
- Cable drums

Healthy Packed Lunches

To help them stay focussed and alert through the afternoon, the children need a lunch that will provide slow-release energy. The advice on the NHS website recommends that a balanced lunch box should contain mainly items from the following:

- Starchy foods like bread, rice, potatoes or pasta
- Protein foods like meat, fish, eggs or beans
- A dairy item, like cheese or yogurt
- Vegetables or salad and a portion of fruit

Please ensure that, if children have a packed lunch, their lunchbox contains these recommended items. To support us in providing the children with a balanced and appropriate diet could you please not include sugary drinks, sweets or chocolates in their packed lunches. These items are best kept as an occasional after school snack.



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

19th October 2018

Sports News

Swimming Update

Year 4 children have had a very successful first half-term of swimming lessons at Highgrove. At the beginning of the term, children were made aware of the importance of water safety and how they can ensure they stay safe in the water. They have been learning the techniques behind the strokes, many advancing their skills and abilities, all the while having fun in the water. We look forward to future success as children continue to work hard, take risks and recognise the importance and health benefits of swimming. As the Amateur Swimming Association rightly points out: "Swimming is the only subject on the national curriculum that can save your life."

September 19th, Year 5/6 Indoor Cricket League

On Monday 10th September we took part in our first indoor league match of the season at Whitmore High School against Grange. Grange batted first and our accurate fielding and bowling tactics resulted in them scoring 24 runs. When it was our turn to bat, we played with care, coordination and concise communication and we managed to score the runs in half of the overs allotted. Well done to the whole team, a positive result on our very first outing.

Team: Zain, Sai, Yash, Josh, Adhrit, Eshan, Julian and Ariv.

September 28th, October Year 5 and 6 Boys' Football Tournament vs Longfield

Many of the Year 5 boys represented the school in the recent Year 5/6 boys' football matches against Longfield. We played a series of 5v5 games and all the teams did really well. It was nice to play a lot of matches and we enjoyed working as part of a team. There was some great goals scored, some amazing defending and most importantly, everyone had fun and both schools can be proud of their teams.

Year 6: Leandro, Arman, Aarush, Nabil, Haider, Rahul, Jaiden

Year 5: Sahil, Aaryan, James, Aymen, Miran, Ashwin, Rishi, Samir, Lakindu, Dylan, Rithvik

October 4th, Year 5 and 6 Girls' Football League Match vs Grimsdyke 2-0

We had an excellent time on Thursday 4th October 2018 in our first league match of the year. The match was against Grimsdyke and we played two 20 minute halves. We started the match very well and pushed forward to try and get a goal. It soon came and then we got another one and the score finished 2-0 in the end. The team consisted of four year 5 girls: Nisha, Alexandra, Ciara and Lily. We all tried our best and enjoyed blocking, tackling, passing and dribbling. It was a great afternoon and we are so proud of our first match together. For some of us, it was our first time representing the school in sport and for some, it was our first ever football match. Hopefully we can continue improving and doing well.

Year 6: Amelie C, Amelie H, Elouise, Mia, Simran, Lowena, Hana

Year 5: Ciara, Nisha, Alexandra, Lily

October 6th, Year 5 and 6 Harrow 7-a-side Football Tournament, The Hive

On Saturday, it was the Year 5/6 Barnet Cup football competition. Nine of the squad were selected and five of these children were actually from Year 5: Zak, Angel, Deji, Darren and Aaron. We managed to win 2 games, draw 1 and narrowly lost the other 1. Darren scored our first goal and this helped us win our first match 1-0. We just missed out on the final group by 1 point but it was a promising start to the year. It was freezing and we got soaked but it was worth it!

Year 5: Angel, Aaran, Zac, Darren, Deji

Year 6: Abu, Aarav, Josh, Julian



West Lodge Primary School Newsletter

Respecting each other, learning creatively, challenging all.

Sports News

October 9th, Year 6 Boys' League Match vs St John Fisher 1-3

Our first league match was a tough encounter as St John Fisher secured a 3-1 victory. Starting off strongly, dominating midfield and passing crisply our visitors led 2-0 at half-time. A stirring second half performance brought West Lodge back into the game. A more direct approach led to several shots going narrowly wide and restricted St John Fisher to a few goal scoring opportunities. This made it even more frustrating to concede a goal near the end. Despite this we kept our heads up and Josh scored a well-deserved consolation goal. A tough first match but a good overall performance!

Squad: Abu, Harry, Ojas, Rowan B, Milo, Aarav, Adhrit, Raafey, Josh, Julian, Rian, Eshan, Aaron.

October 12th, Year 6 Boys' League Match vs Grange 6-2

A fast and energetic start meant West Lodge stormed to a 2-0 lead at half-time with two superb finishes from Josh! Eager to secure some points in the league, we moved the ball quickly and defended tenaciously. This continued after the break and despite several substitutions, the goals kept coming. We did concede a couple of goals but this was mainly down to the change of formation and new players adapting to the pace of the game. The 6-2 scoreline was a fair reflection on the balance of the play and the chances created. We go into half-term on a high and look forward to more matches after half-term. Squad: Abu, Harry, Ojas, Rowan B, Milo, Aarav, Adhrit, Raafey, Josh, Julian, Rian, Eshan, Aaron, Milo

Scorers: Josh (3), Aarav, Abu, Eshan

October 16th, Year 6 Mixed Tag Rugby vs Longfield

West lodge welcomed Longfield for the second of two tournaments this term following football a few weeks earlier. Thirteen year 6 pupils took part making up 3 teams 'W', 'E' and 'S'. Team 'W' edged their first game to come through 5-3 victors, followed by a more comfortable 8-0 scoreline in their next game. Their final match was a tense 4-4 draw. Team 'E' were comfortable 11-2 winner in match 1, and secured consecutive 5-1 wins in their next two games. Team 'S' were the only team to not concede a try as they won 2-0 in their first match. They scored 3 tries in each of their next matches winning 3-1 and 3-2. Squad: Alfie, Aditi, Rowan Devlin, Aaron, Aiden, Ellie, Ella, Siddarth, Daniel, Mia, Janet, Nabil
Try scorers: Alfie 8, Aditi 1, Rowan 6, Aaron 9, Aiden 7, Ellie, Ella 4, Siddarth, Nabil 5, Daniel, Mia

October 17th, Year 5 and 6 Primary School Cross-Country Championships

Holding nothing back, our squad of budding runners gave it their all at these championships. Many of the squad took inspiration from the year 5 girls' race where Nisha put on a brave and determined performance to hold off a late charge to win in style. She was well supported by Audrey and Abbey in 17th and 18th who displayed tremendous sportsmanship by sacrificing some of their race to help a girl suffering from a stitch. Zainab was our next runner in 36th followed by Lulah in 51st then Alina (63rd) and Ziyana (69th). This great team performance secured 2nd in the team standings just points off 1st place! Zac matched Nisha's performance with an equally impressive run leading from the start to take 1st place and also help the team to 1st. Max started off at a gentler pace but still finished just behind in 2nd place. Aaravn was just outside the top 10 in 11th. Deji (22nd) held off the fast finishing Cameron (25th). Samir, Sai and Harvey all secured top 50 finishes. Lakiindu (71st), Joshua (76th) and Rayaana (77th) packed well to bring the team home. The year 6 girls' had a slice of misfortune as they missed their race due to the race going off too early! They were able to still race but had to join in with the boys' race and did so with real courage. When times were adjusted, Jenani placed 16th and the rest of the squad were very closely packed as Lucy in 39th, Isabel in 40th, Lowena in 41st and Aisha in 46th seeing the home in 6th place in the team standings. The final race of the day was the year 6 boys' race and West Lodge again secured a well fought victory. Julian paced his run well as he reeled in his fast starting opponent to win by 9 seconds. There were a number of top 10 runs in support with Josh in 7th, Rian in 9th and Abu in 10th. Rowan Brooks places 27th with Aiden (52nd) and Ahmed (57th) showing good support. This strong team performance secured a clear victory in the team standings! Well done to all on a fantastic effort!

Thank you for all your support.