

West Lodge Primary School

West End Lane, Pinner HA5 1AF

Tel: 020 8866 9836

Fax: 020 8866 3109

Email: office@westlodge.harrow.sch.uk

Website: www.westlodge.harrow.sch.uk

Twitter: @WestLodgeSchool



Headteacher: Mr Jim Dees

Thursday 13th January 2022

Collaboration with UCL – Child Development and Mental Health

Dear Parents/Carers,

We would like to invite you to a presentation on child development and mental health. The presentation will be held by Professor Nik Steinbeis (Professor at the Division of Psychology and Language Sciences at University College London) and one of his team members.

Professor Steinbeis and his team work at University College London and the Anna Freud Centre www.annafreud.org/. Their work specialises in children's social and emotional development and how this can be supported. Here is an explanation of their work from Professor Steinbeis.

'The research of my lab focusses on the development of cognitive (e.g. self-control), social (e.g. sharing) and emotional (e.g. empathy) skills in children and how these change during childhood. Such skills are highly important predictors of success, well-being and social-connectedness later in life, which is why we are also interested in whether and how such skills can be improved in children. We think our research has great implications for promoting positive child development.'

The talk will be about his and others' past and ongoing research into this area. We have talked at length with Nik about his work and feel that parents would find it beneficial to hear more about the cutting-edge research on this important topic for our community. The talk is open to parents of all year groups.

The event will take place on January 21st, 2022 at 1:45pm and will be held on Zoom. Everyone is very welcome to attend – the Zoom link is below:

Topic: Collaboration with UCL - Child Development & Mental Health

Time: Jan 21, 2022 01:45 PM Greenwich Mean Time

<https://zoom.us/j/96160637075?pwd=QXJsV05nZVc5UjVNCjhiNnJxaGZNZz09>

Meeting ID: 961 6063 7075

Passcode: 169604

The talk will be recorded.

Your faithfully,

Jim Dees

Headteacher

