



West Lodge Primary School Weekly Bulletin

Respecting each other, learning creatively, challenging all.

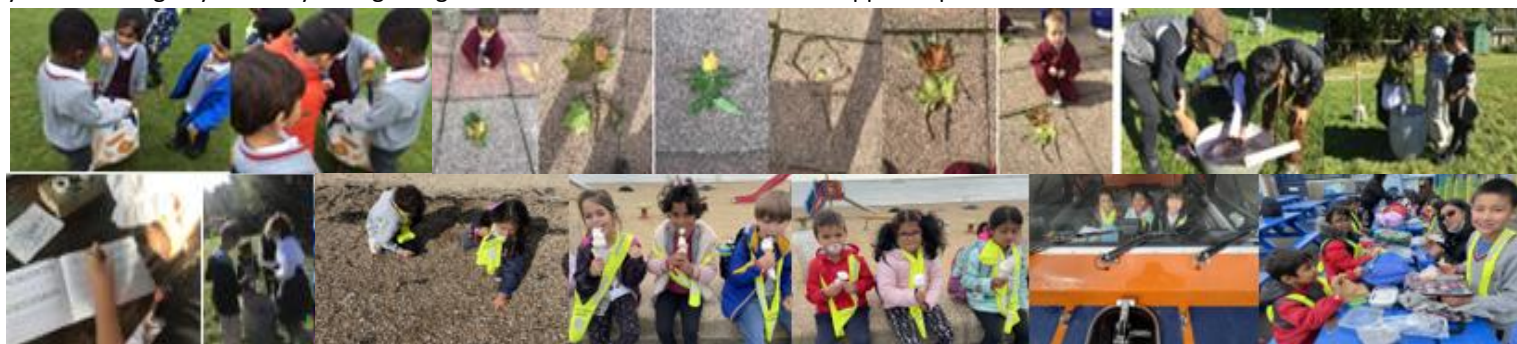
8th October 2021

Dear Parents/Carers,

The weeks seem to be flying by this term – the children have enjoyed another busy week of learning at West Lodge. I would like to remind you that parents' consultations are scheduled for the week beginning 18th October – we plan to hold these online again this term – please look out for the information letter on Monday detailing out how to book your consultation.

Uniform

A reminder that children should be wearing the correct school uniform including the correct PE kit and school tracksuit on PE Days. This also includes hair bands of the correct colour – please check the uniform list on the website for guidance, here is the link [School Uniform](#). If you are having any difficulty with getting the correct uniform or need some support – please contact the school office.



Some of the children in Orange Class made some creative leaf and stick monsters as part of their outdoor learning lesson. An exciting trip to Southend for some of the Year 2 classes and Year 5 dressed up in some wonderful Victorian costumes as they headed West to the Chiltern Open Air Museum for a Victorian experience. As part of SEWA week activities, the children in Reception looked after nature and picked up rubbish in the school grounds.

Flu Vaccination Programme Autumn 2021

This year the government will be offering the National Flu Vaccination Programme to all pupils from Reception to Year 11. The type of flu virus changes each year, the vaccine protects against those flus which are most likely to occur THIS YEAR as determined by the World Health Organisation. Having flu previously does not mean you are protected against the coming year's flu. The flu vaccine is a Nasal Spray - no needles are involved. It protects not only the child but the community as a whole as children are the main carriers for infection. As part of the vaccination program the Harrow Immunisation Team will be attending schools across the borough to offer the vaccine. **They will be coming to West Lodge Primary School on Wednesday 10th November 2021.** A parent letter with an E consent link will be emailed to all parents at least 3 weeks prior to the vaccination session. Please complete and return to the Harrow Immunisation Team link address, not to school. Further information - There is a link to a short YouTube clip, which is aimed at the children to explain what the team will be doing <https://www.youtube.com/watch?v=1jHWwm8NQUw>.

Sustainable Living Tip

On average people use 150 liters of water for a 10 minute shower. Reduce your water usage by only showering for the duration of your favourite song. You can get your children involved by calculating how much water you will save.

Just One Tree Day

We are taking part in Just One Tree Day again this year. Just One Tree Day is a community interest company intent on removing CO2 from the atmosphere and reversing biodiversity loss through global reforestation. Each child is encouraged to **wear something green or to wear autumnal colours on Thursday 14th October** and bring in £1 to plant a tree - uniting children, parents and schools across the world in taking positive action for our climate. Last year we raised £537 which resulted in the planting of 537 trees in area of the world affected by deforestation – our very West Lodge Wood – out there removing CO2 as we speak. Click the link for more information on [Just One Tree Day](#).

Well-being Tip

Goodbye Comfort Zone! Here at school, we are often encouraging the children to step outside of their comfort zone and challenge themselves, but why not try it for yourself? Try something new and make room for a bit of adventure and excitement in life! Check out the Mind website for some great suggestions from learning a new skill or enrolling on an online course to organising a crafternoon or trying out a new sport or hobby, the list is endless, so go on, try something different - if it doesn't challenge you, it doesn't change you! <https://www.mind.org.uk/information-support/tips-for-everyday-living/wellbeing/wellbeing>

A couple of quotes to inspire us to move beyond our comfort zone:

A ship is always safe at the shore, but that is not what it is built for - Albert Einstein

Life begins at the end of your comfort zone - Neale Donald Walsch

Have a lovely weekend!

Jim Dees

Autumn 1 Date Grid					
	Monday	Tuesday	Wednesday	Thursday	Friday
11 th – 15 th Oct				Parents' Tour Just One Tree Day – fundraiser, dress in tree colours Full Board of Governors 7:00pm	RM Pay Committee 9:30am Amethyst Class Assembly
18 th – 22 nd	Yr1 Bracknell Discovery Centre	Harvest Celebrations	Parents' Tour Parents Consultations (online) 4:00 – 7:00pm	Parents Consultations (online) 4:00 – 7:00pm RMC Committee 7:00pm	Staff Inset Day
25 th – 29 th Oct	Half-term				