



West Lodge Primary School Weekly Bulletin

Respecting each other, learning creatively, challenging all.

22nd January 2021

Dear Parents/Carers,

I hope you are all well. Thank you for continuing to support and engage so positively with the remote learning offer – the levels of engagement have been excellent across the school. We have received positive feedback regarding opportunities for non- screen activities through Mindful Monday and the Creating Family Memories homework. The feedback, through the surveys and via email, is that the overall structure of remote learning is working well. The live sessions we feel are particularly important – to ensure regular connection with peers and staff and to support the structure of the day. Thank you for your continued feedback – this has helped us to reflect and refine our offer. Here is the link to the homework options [Creating Family Memories](#) – what are you planning to do this weekend? The photos below show some the activities children have taken part in so far: Eesha, Aditya and Annika with their family tree handprints; Davina feeding the ducks on Mindful Monday; Amara's inventive board game; Jigsaws made by Krish and Ami; Atharva's cosy den; Aanshi's interesting board game; Lucy's amazing pyramid; Edward's model of Tutankhamun, Reha's family hands project and James's exciting board game.



Rapid Testing

We will begin rapid testing of staff this weekend using lateral flow devices – each staff member will test themselves on Sunday evening and Wednesday evening. If there is a positive result from an LFD then all identified contacts will be asked to self-isolate whilst the staff member gets a PCR test to verify the result. We will identify contacts at school and inform parents. If there is a negative PCR result, then identified contacts will no longer be required to self-isolate. If the positive result is confirmed by the PCR test, then all contacts will continue the self-isolation for the recommended 10-day period. Lateral flow tests can play a vital role in breaking chains of transmission and slowing the spread of COVID-19. A reminder that you can book a rapid COVID test at one of Harrow's rapid test centres – please use the following link to book a rapid test – remember these are just for asymptomatic testing. <https://www.harrow.gov.uk/test>.

Weekly Update

Here is the link to the recording of this week's weekly update – [Weekly Update Recording](#) Passcode: uZA.*7a4. This includes the latest update from Harrow Public Health, which provides an overview of the contextual situation in Harrow as well as an update on case numbers and trends. Also included are some key points linked to remote learning – the presentation can be found here [Weekly Update Presentation](#).

Mount Everest Challenge

Mr Long and Mr Nevins will be launching our latest whole school 'get active' challenge on Monday – Mount Everest Challenge! We have decided on a number of mountain peaks across the world for us to scale together. Our target will be to scale all the mountain peaks as a school community – including Everest - by half-term. The children will be set challenges to climb a certain number of flights of stairs each week. We will be raising money for Barnardo's. More information will follow on Monday.

How we Teach Maths at West Lodge

A reminder of the Maths videos that we sent out earlier this week: How We Teach the Four Operations [How we Teach the Four Operations](#) and Examples and Practice Questions [Examples and Practice Questions](#). Please look out for the Zoom link, which will be sent out on Monday, for the Q & A session linked to these videos - scheduled for 5pm Tuesday.

Mrs Kinsella's Well-being Tip of the Week - 'Love the Light'

The therapeutic benefits of natural light and fresh air are enormous, plan your day to get as much natural light as possible (particularly important in Winter). Get out for a walk whilst it's light and/or move your working position at home to be by a window where you can see sky and trees. On the theme of light – it seems apt to post this powerful quote from Amanda Gorman's poem at the inauguration.

"There is always light, if only we're brave enough to see it. If only we're brave enough to be it." Amanda Gorman

Virtual Library

The Oak National Academy have set up a [Virtual Library](#). Use the link to find out more.

Thank you for your continued support - Have a lovely weekend!

Jim Dees

