



West Lodge Primary School Weekly Bulletin

Respecting each other, learning creatively, challenging all.

6th November 2020

Dear Parents/Carers,

I hope you are all well. The cold weather has started to bite a little sharper this week as we head into winter – it has been an enjoyable week at West Lodge and the positive spirit at school has helped to keep everyone warm. The children have been working very hard and we have noticed real progress across the school since the beginning of term. Our first week of hot dinners has been a challenge – but ultimately successful – thank you to Mrs Tilney and her lunchtime team for solving lots of logistical puzzles to help facilitate the smooth running of lunchtimes!

COVID Update

I have included a couple of explainers which outline the new lockdown rules. Firstly, in video format [What are the new lockdown rules?](#)

Secondly, this useful guide produced by the BBC.

[COVID: The New Lockdown Rules](#)

A reminder of the key implications for life at West Lodge:

- Breakfast and After School Club will continue as normal during the period of restrictions.
- APB Football club will continue for the time being – but we will review this each week.
- All lettings will be postponed – this will mean no Fresh Arts club on Saturdays during the period of restrictions.

CORONAVIRUS
England-wide restrictions from 5 November

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- Pubs and restaurants closed but takeaways permitted
- Stay home – only leave for specific reasons including education and work
- Non-essential shops, leisure and entertainment venues closed
- Schools, universities and colleges remain open
- No households mixing indoors, or in private gardens, unless in your support bubble
- Outdoor recreation encouraged, you can meet one person outside your household

Mental health & Well-being

As we move through this difficult period please continue to look after yourselves – **reach out if you feel you need any type of support – no question is too silly to ask!** There will be tough days during this period – we will all experience them, please remember we are here to provide support in a whole variety of ways. When I experience a challenge or a tough moment – I meditate or have a brain break and am reminded of the strong inner resource that we all possess, ‘You never know how strong you are, until being strong is your only choice.’ Bob Marley. Continue to focus on the things that are within our own control! Here is a useful guide with a wide variety of tips, suggestions and resources to tap into to support your mental health and well-being [Guidance for the Public on Mental Health and Well-being](#).

A reminder to support our local independent bookshop – **Brooks** – a network of 130 independent bookshops across the country have joined together to create an efficient way to purchase books online, here is the link <https://uk.bookshop.org/shop/brooks>. It has tools to create and share wish lists and search for any book in print. Delivery of books is through Royal Mail and there is a choice of delivery options. To compensate for the cost of the postage, and also against some competitive sites, we have also been able to discount the books below normal retail price. **Please wait until after the FOWLS Scholastic Book Fair to use this though!**

FOWLS

We are looking forward to the **Festival of Light** and plans are in place for year groups to work on different religions as we explore what different religions have in common. Each year group will be creating resources linked to the religion they are focusing on – these will then be used to decorate the nature trail – which the children will explore on Friday 20th November. We are looking for **donations of kitchen roll tubes, ribbons and beads** to supplement the resources we have at school. Please send these in next week – so we can quarantine any resources before using them during the week beginning 16th November.

Please remember to purchase books from the **Scholastic Book Fair** - the list of books available can be found here: [Scholastic Book List](#). Books can be purchased on Classlist under events in Scholastic – click Get Tickets to buy the books. To make it easier for all parents to access Classlist – we are going to set up the moving of all parents onto Classlist using our system at school – we have updated our Privacy Notice to reflect this – the updated version can be found here [Pupils & Parents Privacy Notice](#). We won't be sharing contact details directly with the FOWLS team – but we will be able to transfer all parents onto this system – which will help with all our communication.

Supporting the Harrow Foodbank

Our **School Council** will be launching a **series of collections for the Harrow Foodbank** over four Mondays in the lead up to Christmas – this will start with **Advent Calendars on Monday 16th November** – so if you are able to please support this initiative to support families who are struggling at this time – if you are able to donate an advent calendar please these can be dropped off at school (more details to follow).

Jim Dees

