

Welcome to

CUPPA AND A CHIT-CHAT

WEDNESDAY 19TH MARCH 9 AM-10.30 AM LOWER SCHOOL HALL



Pop in and join the Reception Team and Harrow Early
Support whilst we chat about:

- 'big feelings'
- developing independence
- listening and attention

today's agenda

- ✧ Introduction from Liz and Harrow Early Support
- ✧ EYFS - What we see and what we do (talking about 'big feelings', developing independence and listening and attention)
- ✧ Support and resources
- ✧ Time for a chit-chat



LIZ- HARROW Early Support



Big feelings

What we see

- Difficulty transitioning to school
- Challenges following adult-led instructions
- Self-doubt
- Self-regulation
- Positive recognition



What we do

- Classroom responsibilities, buddies, time to talk
- Modelling correct behavior, celebrating positive behavior and consistency with consequences
- Praise the little things, model self-praise/pride
- Emotional literacy, feelings check-ins, calm corner, sensory basket
- Asking open questions, be their biggest fan, rewards for overcoming challenges

Independence

What we see



What we do

- Reluctance to complete tasks independently
- Cognitive overload
- Fear of taking risks or trying new things

- Collaborative tasking, modelling respect for own and others belongings
- Chunking demands, allowing time and making it fun
- Plenty of new experiences, encouragement and support, nurturing approach

Listening and Attention

What we see

- Difficulty completing short tasks
- Spaghetti spines
- Difficulty with communication and participation
- Dysregulated behaviour



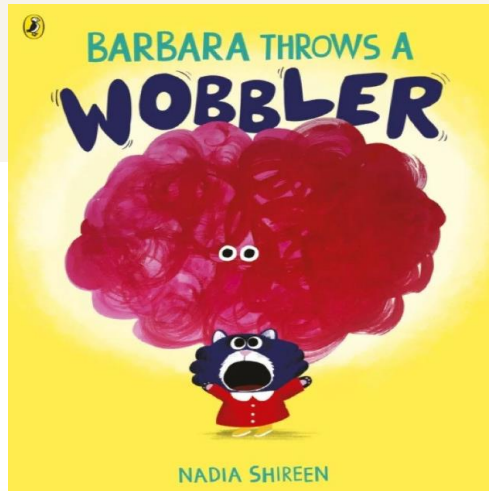
What we do

- Positive recognition, giving explicit instructions and repeating back key information
- Being active, movement breaks, get outside
- Set challenges, provide opportunities to talk and narrate own learning
- Provide responsibility (make them role-models) Ask for their thoughts and opinions frequently, throw in a curve ball

Support & Resources



Emotional literacy:
-Tom Percival
-Nadia Shireen
-Margot Sunderland



Sensory:

- Nee doh
- Liquid motion timers
- Weighted blanket
- Glitter jars



Puppets

Positive affirmations jar

Mirror with emotions
flashcards (identify own mood)

Positive chant/mantra

Unit-Chat

Pour another cuppa and take time to talk, feel free to approach each other, the teachers, Caroline and Liz with any questions.



I thank you !