

Parents & carers.....

Do you feel that your child's behaviour is a challenge sometimes?

Do you feel that your children don't listen to you?

Is it difficult to put boundaries in place?

Do your children find it hard to manage their feelings?

You are invited to a bespoke workshop

Early Support

Small Steps - Lasting Change

Harrow
Children's
Centres

This session is for parents of children aged between 3 -10 years and will be delivered via Zoom

We will be talking about:
Positive parenting strategies
Managing feelings
Modelling
Praise
Special time
Setting boundaries



To access this workshop and book a place, please email Liz on: liz.eardley@harrow.gov.uk

Liz will contact you with the sign up details prior to the group starting.

**Date: Monday 21
June 2021**

**Time:
10am-11.30am**